

Keeping Kids Safe!

TIP #1

DEMONSTRATE UNCONDITIONAL LOVE

Unconditional love is the constant reminder that nothing and no one will change the regard you have for your child, it emphasizes that your bond is unshakable and that you can work through anything. Unconditional love is a protective factor that will go to war with anything to the contrary.

5 TIPS FOR ADULTS

Keeping Kids Safe!

TIP #2

ENCOURAGE EXPRESSION OF THOUGHTS & FEELINGS

Validating the thoughts and feelings of young people encourages confidence and supports independent thinking. Expression of thoughts and feelings is a protective factor that increases the likelihood of kids speaking up when things are not comfortable and or wrong.

5 TIPS FOR ADULTS

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TIP #3

EMPHASIZE BODY SAFETY

Educating kids about the proper names for their private body parts and what is allowed vs. not allowed increases protection against grooming and manipulation by abusers. A child having ownership of his/her body is a protective factor that reduces confusion around boundaries.

5 TIPS FOR ADULTS

TIP #5

Keeping Kids Safe!

BAN SECRETS!

Secrets are the fuel of deviant sexual behavior. Young people can become so sick with secrets that their lives are woefully impacted. Identifying honesty and openness as core family values is a protective factor that will limit opportunities for predators to use threats, coercion or secrets to control your child's behavior. Explain to your children that sometimes sad or bad things happen, but no matter what you are there to help and guide them.

5 TIPS FOR ADULTS

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TIP #4

ESTABLISH TRUSTED SUPPORT SYSTEM

Identifying who is a part of the village is an ongoing conversation that should be visited often. Ask your child who they would be committed to asking for help if you aren't around or if they need someone to talk to. Having a trustworthy and reliable support system is a protective factor that reduces vulnerability.