





Tips for youth!







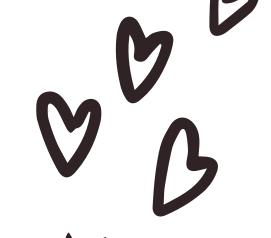






Being a kid is a delight! Being a kid comes With adventure that is out of sight! Here are a few tips you can use every day. Try all 5 tips to help keep yourself w safe!



















Tip #1









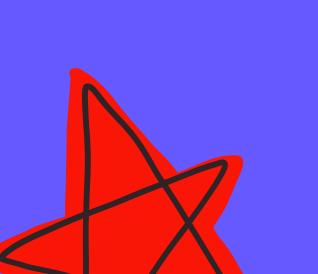




Take a deep breath. Listen to your body, it helps you to know, if things are going good or if it is time to say NO.

















Tip #2









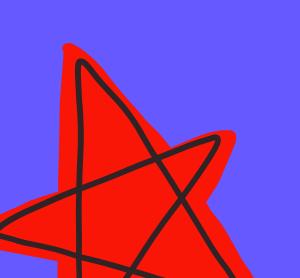




There are people who care so much about you, keep in mind a safe adult you can always talk to.

















Tip #3







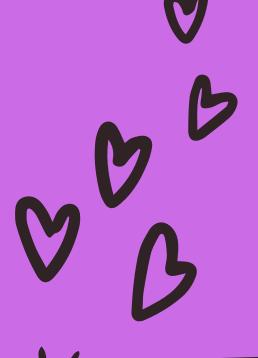


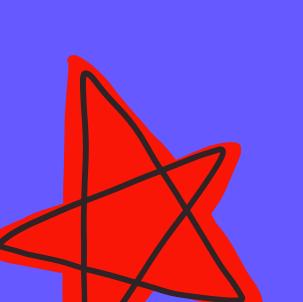


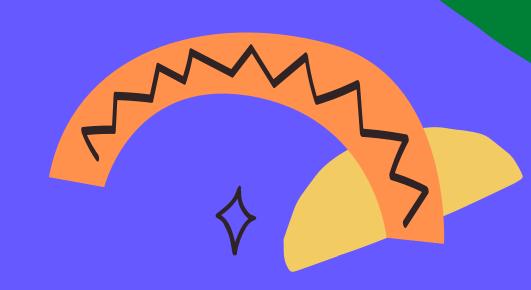


Your thoughts and feelings matter, people want to hear from you, use your voice to share With others what's going on With you.

















Tip #4













Take a look at people, places & things around you, feel free to ask questions, it's okay, using your voice is the best way!

















